



# Heartland Community Schools

## Framework for Addressing Protocols Due to Infectious Diseases

This framework of procedures and school safety measures are subject to change based upon consultations with our local health officials, Directed Health Measures, or advice from the Nebraska Department of Education. Students will only be excused from attendance in person if a medical professional makes that recommendation in writing based upon that student's medical history.

**In general:**

<b>Green</b>	All students will attend school in person. Masks suggested, but not required.
<b>Yellow</b>	All students will attend school in person with heightened attention to disinfecting and social distancing. Masks required for staff and strongly encouraged for students.
<b>Orange</b>	All students will attend school in person, potentially with an alternate schedule and hybrid learning that involves online. Masks required for students and staff.
<b>Red</b>	All buildings are closed and remote learning is implemented.

<b>COVID-19 Risk Dial</b>			
<b>And Tiered Response</b>			
<b>The following factors will be considered for identification of the risk level within the school</b>			
<b>COVID Green - DHM Phase IV Low Risk of COVID-19 Spread</b>	<b>COVID Yellow - DHM Phase III Moderate Risk of COVID-19 Spread</b>	<b>COVID Orange - DHM Phase II Elevated Risk of COVID-19 Spread</b>	<b>COVID Red - DHM Phase I High Risk of COVID-19 Spread</b>
<ul style="list-style-type: none"> <li>• No confirmed active cases within the school</li> <li>• No Directed Health Measure (DHM) limiting capacity</li> </ul>	<ul style="list-style-type: none"> <li>• Confirmed active case(s) in the school</li> <li>• Consultation with local Health Department</li> <li>• Directed Health Measures</li> <li>• Governor or Commissioner of Education Guidance</li> </ul>	<ul style="list-style-type: none"> <li>• Several confirmed active case(s) in the school</li> <li>• Consultation with local Health Department</li> <li>• Directed Health Measures</li> <li>• Governor or Commissioner of Education Guidance</li> </ul>	<ul style="list-style-type: none"> <li>• Confirmed case(s) in the school and/or community</li> <li>• Consultation with local Health Department</li> <li>• Directed Health Measures</li> <li>• Governor or Commissioner of Education Guidance</li> </ul>

A confirmed case is that which is verified as a positive indication on a test by a medical professional.



<b>School Day Protocols</b>				
	<b>Green Risk Level - Phase 4</b>	<b>Yellow Risk Level - Phase 3</b>	<b>Orange Risk Level - Phase 2</b>	<b>Red Risk Level - Phase 1</b>
<b>Academic Plan</b>	<ul style="list-style-type: none"> <li>Buildings Open</li> <li>Normal Operations</li> </ul>	<ul style="list-style-type: none"> <li>Buildings Open</li> <li>Increased Social Distancing</li> </ul>	<ul style="list-style-type: none"> <li>Buildings Open</li> <li>Varied Attendance Schedule</li> </ul>	<ul style="list-style-type: none"> <li>Buildings Closed</li> <li>Remote learning for all</li> </ul>
<b>Student Attendance</b>	<ul style="list-style-type: none"> <li>In-person attendance for all grade levels</li> <li>Accommodations for online or at-home learning only with a time specified directive from a physician</li> <li>On-line learning will be at specific times in coordination with instruction at school</li> </ul>	<ul style="list-style-type: none"> <li>In-person attendance for all grade levels</li> <li>Accommodations for online or at-home learning only with a time specified directive from a physician</li> <li>On-line learning will be at specific times in coordination with instruction at school</li> </ul>	<ul style="list-style-type: none"> <li>In-person attendance for all grade levels, but perhaps on a hybrid schedule</li> <li>Accommodations for online or at-home learning only with a time specified directive from a physician</li> <li>On-line learning will be at specific times in coordination with instruction at school</li> </ul>	
<b>Students' Start of Day</b>	<ul style="list-style-type: none"> <li>No earlier than 7:45</li> <li>Students report to assigned area</li> <li>Movement around building is discouraged prior to opening bell</li> </ul>	<ul style="list-style-type: none"> <li>No earlier than 7:45</li> <li>PK-6 students go directly to classroom</li> <li>7-12 students report to commons areas and are dismissed while following distancing protocols</li> </ul>	<ul style="list-style-type: none"> <li>No earlier than 7:45</li> <li>Students report at times and locations directed by administration</li> </ul>	
<b>End of Day</b>	<ul style="list-style-type: none"> <li>Regular dismissal</li> <li>Parents wait for child outdoors</li> </ul>	<ul style="list-style-type: none"> <li>Students leave building and grounds unless assigned to an activity or teacher</li> <li>Dismissal times may be staggered</li> <li>Parents wait for child outdoors</li> </ul>	<ul style="list-style-type: none"> <li>Dismissal times will be staggered</li> <li>Students may be required to exit at various locations</li> <li>Parents wait for child outdoors</li> </ul>	
<b>Facemasks</b>	<ul style="list-style-type: none"> <li>Masks encouraged, but not required, especially when social distancing is not possible</li> </ul>	<ul style="list-style-type: none"> <li>Staff required to wear masks</li> <li>Students strongly encouraged to wear masks</li> </ul>	<ul style="list-style-type: none"> <li>Staff and students required to wear masks at all times</li> </ul>	
<b>Temperature Checks</b>	<ul style="list-style-type: none"> <li>No Temperature Checks</li> </ul>	<ul style="list-style-type: none"> <li>Temperature checks upon arrival</li> <li>100.4 threshold</li> <li>Sent home for 48 hours or less with physician note</li> </ul>	<ul style="list-style-type: none"> <li>Temperature checks upon arrival and at lunch</li> <li>100.4 threshold</li> <li>Sent home for 48 hours or less with physician note</li> </ul>	



<b>Classroom Seating/Materials</b>	<ul style="list-style-type: none"> <li>• Social distancing as possible</li> <li>• Encourage no sharing of materials</li> <li>• Regular cleaning with disinfecting of desks</li> </ul>	<ul style="list-style-type: none"> <li>• Row seating and not face-to-face</li> <li>• No sharing of supplies or materials</li> <li>• PE equipment cleaned between sessions</li> </ul>	<ul style="list-style-type: none"> <li>• Students limited to certain spaces</li> <li>• Increased sanitation</li> <li>• Some materials not allowed</li> </ul>	
<b>Transportation</b>	<ul style="list-style-type: none"> <li>• Regular transportation schedule</li> <li>• Parents encouraged to check bussed students' temperature prior to boarding (100.4 is threshold to stay home)</li> <li>• Sit by family</li> </ul>	<ul style="list-style-type: none"> <li>• Heightened sanitation of buses after every route</li> <li>• Social distance as much as possible and by family</li> </ul>	<ul style="list-style-type: none"> <li>• Assigned seating</li> <li>• Possible required temperature checks prior to boarding</li> <li>• Possible suspension of bus use and pay parents to transport</li> </ul>	
<b>Food Service</b>	<ul style="list-style-type: none"> <li>• Breakfast &amp; lunch served as normal</li> <li>• Grad and Go breakfast as normal</li> <li>• No visitors at lunch</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast &amp; lunch served in lunchroom</li> <li>• Salad bar is served by staff</li> <li>• Heightened sanitation between groups</li> <li>• Increase social distancing</li> <li>• Lunch cards not collected</li> <li>• Grab and Go breakfast as normal</li> <li>• No visitors at lunch</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast &amp; lunch served in lunchroom</li> <li>• Grad and Go breakfast as normal</li> <li>• All yellow zone procedures in place plus:</li> <li>• All food is pre-apportioned, including salad bar items</li> <li>• Masks mandatory for kitchen staff</li> <li>• No visitors at lunch</li> </ul>	<ul style="list-style-type: none"> <li>• Meals served by curbside pickup</li> </ul>
<b>Food/Snacks Into Building</b>	<ul style="list-style-type: none"> <li>• Pre-packaged snacks only</li> <li>• Student lunches delivered to office</li> </ul>	<ul style="list-style-type: none"> <li>• Pre-packaged snacks only</li> <li>• Student lunches delivered to office</li> </ul>	<ul style="list-style-type: none"> <li>• No outside food into building</li> </ul>	
<b>Handwashing</b>	<ul style="list-style-type: none"> <li>• PK-6 three times per day</li> <li>• Announcements and signage to promote hand washing</li> </ul>	<ul style="list-style-type: none"> <li>• PK-6 three times per day</li> <li>• Announcements and signage to promote hand washing</li> </ul>	<ul style="list-style-type: none"> <li>• PK-6 three times per day</li> <li>• Announcements and signage to promote hand washing</li> </ul>	
<b>Hallways</b>	<ul style="list-style-type: none"> <li>• PK-6 normal movement with staff support for social distancing</li> <li>• 7-12 normal movement with staff in hallways to encourage social distancing</li> </ul>	<ul style="list-style-type: none"> <li>• Scheduled transitions, such as split times or traffic directional flow</li> </ul>	<ul style="list-style-type: none"> <li>• PK-6 all specialists come to classrooms</li> <li>• 7-12 Movement limited as much as possible</li> <li>• Restroom use prohibited during passing periods</li> </ul>	
<b>Lockers</b>	<ul style="list-style-type: none"> <li>• Normal use</li> </ul>	<ul style="list-style-type: none"> <li>• Limited and staggered use of lockers</li> </ul>	<ul style="list-style-type: none"> <li>• Limited and staggered use of lockers</li> </ul>	



<b>Restrooms</b>	<ul style="list-style-type: none"> <li>• Normal use</li> </ul>	<ul style="list-style-type: none"> <li>• Use during passing periods discouraged</li> </ul>	<ul style="list-style-type: none"> <li>• Use during passing times is prohibited</li> </ul>	
<b>Water Fountains</b>	<ul style="list-style-type: none"> <li>• Normal use</li> <li>• Student encouraged to bring water bottles</li> </ul>	<ul style="list-style-type: none"> <li>• Normal use</li> <li>• Student encouraged to bring water bottles</li> </ul>	<ul style="list-style-type: none"> <li>• Water fountains are closed</li> </ul>	
<b>Recess</b>	<ul style="list-style-type: none"> <li>• Recess continues as usual</li> <li>• Handwashing or hand sanitizer upon re-entry</li> </ul>	<ul style="list-style-type: none"> <li>• Recess zones will be established</li> <li>• Schedules modified to limit playground to one grade level per area</li> <li>• Equipment will be sanitized daily</li> <li>• No shared equipment available</li> </ul>	<ul style="list-style-type: none"> <li>• Recess zones will be established</li> <li>• Schedules modified to limit playground to one grade level per area</li> <li>• Equipment will be sanitized daily</li> <li>• No shared equipment available</li> </ul>	
<b>Field Trips</b>	<ul style="list-style-type: none"> <li>• Field trips approved on case-by-case basis</li> </ul>	<ul style="list-style-type: none"> <li>• No offsite field trips</li> </ul>	<ul style="list-style-type: none"> <li>• No offsite field trips</li> </ul>	
<b>Specials - Art, Music, PE, Library</b>	<ul style="list-style-type: none"> <li>• Students transition as normal</li> </ul>	<ul style="list-style-type: none"> <li>• Some specialists come to classrooms</li> </ul>	<ul style="list-style-type: none"> <li>• All specialists come to classrooms</li> </ul>	
<b>Technology</b>	<ul style="list-style-type: none"> <li>• As normal</li> </ul>	<ul style="list-style-type: none"> <li>• 1-to-1 devices home daily</li> <li>• More frequent sanitization of equipment per given procedures</li> </ul>	<ul style="list-style-type: none"> <li>• 1-to-1 devices home daily</li> <li>• More frequent sanitization of equipment per given procedures</li> </ul>	<ul style="list-style-type: none"> <li>• Technology used for online/remote learning</li> </ul>
<b>Activities in Grades 7-12</b>	<ul style="list-style-type: none"> <li>• Activities and athletics conducted as per NSAA guidelines</li> </ul>	<ul style="list-style-type: none"> <li>• Activities and athletics conducted as per NSAA guidelines</li> </ul>	<ul style="list-style-type: none"> <li>• Activities and athletics conducted as per NSAA guidelines</li> </ul>	<ul style="list-style-type: none"> <li>• Activities and athletics conducted as per NSAA guidelines</li> </ul>
<b>Building Access by Parents, Outside Visitors, Volunteers, Vendors, etc.</b>	<ul style="list-style-type: none"> <li>• Extra emphasis on all visitors signing into building (name, time, location)</li> <li>• Masks required for visitors</li> <li>• No visitors at lunch</li> </ul>	<ul style="list-style-type: none"> <li>• Visitors strongly discouraged and scheduled visits are encouraged</li> <li>• Temperature checks of all visitors</li> <li>• Masks are required of visitors</li> <li>• No visitors at lunch</li> </ul>	<ul style="list-style-type: none"> <li>• No outside visitors</li> </ul>	



<b>Student Illness at School</b>	<ul style="list-style-type: none"> <li>• Student will be placed in lobby and required to wear a mask</li> <li>• Parents should notify school upon arrival and student will meet parent outside</li> <li>• If symptomatic for COVID-19, no return for 48 hours without a physician's note</li> </ul>	<ul style="list-style-type: none"> <li>• Student will be placed in lobby and required to wear a mask</li> <li>• Parents should notify school upon arrival and student will meet parent outside</li> <li>• If symptomatic for COVID-19, no return for 48 hours without a physician's note</li> </ul>	<ul style="list-style-type: none"> <li>• Student will be placed in lobby and required to wear a mask</li> <li>• Parents should notify school upon arrival and student will meet parent outside</li> <li>• If symptomatic for COVID-19, no return for 48 hours without a physician's note</li> </ul>	
<b>Custodial</b>	<ul style="list-style-type: none"> <li>• Daily routine cleaning procedures</li> <li>• Routine infectious disease protocols</li> <li>• Spray bottles of disinfectant</li> </ul>	<ul style="list-style-type: none"> <li>• Daily routine cleaning procedures</li> <li>• Heightened disinfection of high touch surfaces</li> </ul>	<ul style="list-style-type: none"> <li>• Daily routine cleaning procedures</li> <li>• Heightened disinfection of high touch surfaces</li> <li>• Mid-day disinfection of high touch surfaces</li> <li>• Building access limited beyond normal school day</li> </ul>	<ul style="list-style-type: none"> <li>• Buildings are secured</li> <li>• Building access prohibited aside from assigned cleaning personnel</li> </ul>
<b>Staff Attendance</b>	<ul style="list-style-type: none"> <li>• As normal</li> <li>• Questions relative to absences directed to superintendent</li> </ul>	<ul style="list-style-type: none"> <li>• Report as directed</li> <li>• Questions relative to absences directed to superintendent</li> </ul>	<ul style="list-style-type: none"> <li>• Report as directed</li> <li>• Questions relative to absences directed to superintendent</li> </ul>	
<b>Staff's Start of Day</b>	<ul style="list-style-type: none"> <li>• Report for duty as assigned</li> </ul>	<ul style="list-style-type: none"> <li>• In room and ready to receive students by 7:45</li> <li>• Staff assigned to commons areas</li> </ul>	<ul style="list-style-type: none"> <li>• Teachers report at times and locations directed by administration</li> </ul>	

## Important Reminders

<p><b>COVID Green to Yellow</b></p> <ul style="list-style-type: none"> <li>• Visit with children frequently about proper hand washing and hygiene, such as covering coughs and not touching their face.</li> <li>• If your child does not feel well, keep them home.</li> <li>• Practice social distancing whenever possible.</li> <li>• Wear a mask in public, especially in areas through which many people from various communities pass.</li> <li>• Keep social gatherings small and outdoors, if possible.</li> <li>• Be mindful of associating with people from families whose members are elderly or have underlying health conditions.</li> </ul>	<p><b>COVID Orange or Higher</b></p> <ul style="list-style-type: none"> <li>• Stay home as much as possible.</li> <li>• Rely on local delivery services for items such as medications and groceries.</li> <li>• Wear a mask in public.</li> <li>• Distance from people who live outside of your home or work.</li> </ul>
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### POSSIBLE RESPONSES TO EXPOSURE AFTER CONSULTATION WITH LOCAL HEALTH DEPARTMENT As of July 2020

Confirmed case of immediate household member of student(s)	<ul style="list-style-type: none"> <li>• Student self quarantine for 10-14 days.</li> <li>• Teachers will provide remote learning opportunities.</li> </ul>
Confirmed case of immediate household member of staff member	<ul style="list-style-type: none"> <li>• Self quarantine for 10-14 days for household members.</li> <li>• Teachers will teach virtually with a substitute in the classroom (unless unable due to caring for a family member).</li> <li>• If unable to virtually teach due to caring for an immediate family member, the teacher will apply for FFCRA and/or illness leave.</li> <li>• Teacher continues to teach to the class virtually by following the remote learning plan (based on the situation) and/or a sub may be provided.</li> </ul>
Confirmed case in the building of a student or staff member	<ul style="list-style-type: none"> <li>• <b><i>Those quarantined by the Health Department likely will depend on who was wearing a mask and who was not.</i></b></li> <li>• The District will communicate the situation with building stakeholders.</li> <li>• Heightened sanitization plan will be executed by the district.</li> <li>• In the event of repeated confirmed cases, district officials will confer with the health department for a closure plan of that building.</li> <li>• A more restrictive environment will be implemented up to potential extended (6 days or more) building closure.</li> <li>• Building will execute an immediate remote learning plan and schedule (if the building is closed).</li> </ul>
Visitor who has entered the building and is a confirmed case	<ul style="list-style-type: none"> <li>• A more restrictive environment could be implemented up to potential extended (6 days or more) building closure.</li> <li>• The District will communicate the situation with building stakeholders.</li> <li>• District officials will confer with the health department for a closure plan (if needed) of that building.</li> <li>• Sanitization plan will be executed by the district.</li> <li>• Building will execute an immediate remote learning plan and schedule (if the building is closed).</li> <li>• Reopening communications will be provided to stakeholders from the district.</li> </ul>
Confirmed exposure of student or travel to impacted location	<ul style="list-style-type: none"> <li>• Self quarantine for 10-14 days.</li> <li>• Teachers will provide remote learning opportunities.</li> </ul>
Confirmed exposure of teacher or travel to impacted location	<ul style="list-style-type: none"> <li>• Self quarantine for 10-14 days for household members.</li> <li>• Teachers will teach virtually with a substitute in the classroom.</li> <li>• If unable to virtually teach due to caring for an immediate family member, the teacher will apply for FFCRA.</li> <li>• Teacher continues to teach to the class virtually by following the remote learning plan (based on the situation) and/or a sub may be provided.</li> </ul>



Below are shared core principles that local health departments (LHDs) in Nebraska consider when making recommendations and advising our local schools about how to safely reopen and stay open during the COVID-19 pandemic.

**When a positive COVID-19 case is confirmed in a school, that individual will be excluded and allowed to return based upon current guidance from CDC at the time. LHDs will work with schools to consider the following questions when determining how that case will impact others in their classroom and/or school building.**

- What is the level of community spread outside the school building?
- Was the individual with COVID-19 wearing a mask most of the time?
- Were other students and staff who were within 6 feet of the individual with COVID-19 for more than 15 minutes masked?
- Was the individual with COVID-19 part of a cohort within the building or did they interact with a large number of students and staff throughout their day?
- To what extent is the school community implementing other non-pharmaceutical interventions (hand washing, hand sanitizers, etc.)?

The answers to these questions will determine 1) the number of close contacts, 2) if the close contacts who are not symptomatic may stay in the classroom, and 3) the number of other students and staff who will need to be quarantined.

Not only is it the safe and responsible thing to do, following recommended safety suggestions and protocols will